

Phobias: The Psychology of Irrational Fear: The Psychology of Irrational Fear



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Combining popular appeal with accessibly written entries suitable for research projects, this fascinating encyclopedia provides a thorough introduction to the psychological and scientific aspects of phobias.

• Provides scientifically grounded, accessibly written content contributed by current leading researchers and clinicians in the area of phobias and anxiety disorders

• Covers a variety of the most common specific phobias, including fears of spiders, enclosed spaces, snakes, and heights

• Includes illustrative examples and case vignettes to bring the subject matter to life

• Supplies comprehensive coverage of scientific and clinical perspectives, with attention to historical, cultural, and popular contexts

• Enables readers to trace the history, theories, and practices associated with the study and treatment of phobias

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