

"We Need to Talk" - Tough Conversations With Your Spouse: From Money to Infidelity Tackle Any Topic with Sensitivity and Smarts

Paul Coleman



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Couples need a straightforward, no-nonsense guide that teaches them how to initiate a difficult discussion with their spouse with composure, confidence, and a plan. From good opening statements to final remarks, relationship expert Paul Coleman, Psy.D., offers realistic scripts that cover topics like physical and emotional intimacy, mistrust and infidelity, unhappiness, and forgiveness. It features practical and precise advice for specific problem topics and realistic scripts that help dictate what should and should not be said. Perfect for couples who are struggling to communicate, this book is an honest guide to bettering a marriage.



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