



Trim and Terrific American Favorites: Over 250 Fast and Easy Low-Fat Recipes

Holly Clegg

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With a dollop of her can-do enthusiasm and a pinch in ingenuity, Holly takes dishes like chicken divan, lasagna, Italian shrimp saute, and peach cobbler and transforms them into meals even the most health-conscious or the most finicky diner will enjoy without guilt. Includes 14 line drawings.

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