



Waiting for Jack: Confessions of a Self-Help Junkie: How to Stop Waiting and Start Living Your Life

Kristen Moeller

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What are you waiting for? Do you find yourself waiting for the right moment? The ideal relationship? The perfect job? Are you waiting for your “real” life to begin? Do think that the gifts of life are right around the corner? That one day you will arrive and everything will be okay? Do you endlessly search, yet never seem to find? Through the sharing of authentic personal stories and profound life lessons, Kristen Moeller explores our pervasive human tendency to wait for life and to look outside ourselves for answers. Too often we are “Waiting for Jack”—whatever or whoever “Jack” is. So we don’t try; we give up. We sell out and we forget who we are. We are afraid to succeed, afraid to fail, and afraid to say we are afraid. But as Wayne Gretzky said, “You’ll always miss one-hundred percent of the shots you don’t take!” Waiting for Jack will inspire you to get on the path, move forward and take the shot. And, to remember that you don’t have to wait for Jack!

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