



# Parenting Your Asperger Child: Individualized Solutions for Teaching Your Child Practical Skills

*Alan Sohn, Cathy Grayson*

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## **Parenting Your Asperger Child: Individualized Solutions for Teaching Your Child Practical Skills**

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Asperger's Syndrome is a form of autism—but with the right guidance, these children can go on to live happy, fulfilling lives.

In *Parenting Your Asperger Child*, Dr. Alan Sohn's and Cathy Grayson's groundbreaking Cognitive Social Integration Therapy (CSIT) offers practical solutions that help parents prepare their children for a fulfilling life of social interaction outside the confines of their syndrome, addressing such topics as:

- The six characteristics of Asperger's Syndrome
- How to identify a child's type of Asperger's—and the best approaches for dealing with it
- Understanding how an Asperger's child sees and interprets the world
- Replacing inappropriate coping techniques with productive skills
- How to survive and learn from a crisis
- How school programs can aid in teaching Asperger children - Making changes that last

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