



# **The Ex-Boyfriend Cookbook: They Came, They Cooked, They Left (But We Ended Up with Some Great Recipes)**

*Thisbe Nissen, Erin Ergenbright*

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Every time we tell someone about this book we get puzzled grins, raised eyebrows, and hilarious guesses as to what on earth *The Ex-Boyfriend Cookbook* might possibly be. Every time we tell a guy about it, he becomes instantly intent on doing pretty much anything if it'll get him into the book. One boy (who swears he only went out with Thisbe in order to get a recipe named after him) found out he'd missed the print deadline by a hair but that the cover wasn't done yet and quickly e-mailed with a list of potential subtitles for the front jacket: *Men Are from Marzipan, Women Are from Bean Dip; Dear John, I'm Leaving You and Taking the Cuisinart; He Would Eat His Grandmother's Pie All Night While Mine Just Sat There and Got Cold, Love in the Time of Colander . . .* We don't have anyone exactly clamoring to be our boyfriends, yet they're practically lining up to get to be our exes!

We swear we didn't conceive of this book as a way to pick up guys. At least it didn't start out that way. Really: One day we were planning a barbecue at the Iowa farmhouse where we lived and Erin said, "Oh, I'll make Davis's spicy BBQ rub!" And we kind of looked at each other and said, "We should write a cookbook of all the recipes we've gotten from ex-boyfriends over the years!" And an idea was born.

It was the perfect project for us, too. We're both pack rats, collectors who hold on to every scrap of paper anyone's ever handed us. While all our friends grilled burgers that night and played volleyball on the lawn, the two of us took our beers upstairs and hauled out all of our aging boxes and envelopes full of tear-stained letters, ticket stubs, withered flowers, valentines....We told each other the stories behind every one of those scribbled scraps. "And, god," we'd find ourselves saying, "he made the most incredible vinaigrette . . . ." We never made it outside to our own barbecue. We've pretty much been in our rooms since then, pecking away at this book like crazy people, the floors littered with old letters, our hands covered in rubber cement. We were driven, obsessed, compulsively determined to bring you *The Ex-Boyfriend Cookbook*. And *voila!* Here it is!

Now that the book is out, we're starting to let our imaginations take hold of us again. We've got all sorts of ideas. Like maybe we could spend a year letting a different man cook us dinner every night. We'd bring along cameras, collect artifacts from the evening like budding archaeologists, and select the best dishes for a sequel! But maybe we're getting a little ahead of ourselves.

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