



Living Well with Epilepsy (Living Well (Collins))

Carl W. Bazil

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Treatment options, lifestyle strategies, and emotional support for two million Americans.

Epilepsy, once mistakenly associated with demonic possession, has for centuries been a poorly understood illness. Today, though it affects nearly one out of every one hundred Americans, little comprehensive information can be found on bookshelves regarding this common and complex neurological disease. Until now!

Using his expertise in pharmacology and neuroscience, Dr. Carl Bazil demystifies epilepsy and other seizure disorders and offers medical, practical, and emotional support to patients and their families. He explains how and why seizures occur, and thoroughly discusses treatment options, the pros and cons of surgery, experimental and alternative treatments, strategies for daily living, and much more.

Substantiated with case examples, this useful book provides a much-needed window into epilepsy so that patients can achieve the full life they deserve.

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