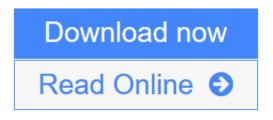


### Facing the Fire: Experiencing and Expressing Anger Appropriately

John Lee



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The author of *The Flying Boy* describes how repressing anger can have profound effects on personal health and guides readers step by step through the process of getting past their fears.

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