

Flavors of Ireland : Celebrating Grand Places & Glorious Food

Margaret M. Johnson



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Flavors of Ireland invites readers, cooks, and armchair travelers alike on a culinary tour of one of Europe's fastest growing food destinations. Long praised for its lush landscapes, friendly people, and unique heritage, Ireland has a distinctive food culture thanks to the geography, climate, and history of the people who settled here centuries ago. Part recipe collection, part travel guide, and part history, the book offers an insightful look into the ingredients that shape the country's cooking: a rich array of vegetables and fruits; succulent beef, lamb, and dairy produce; smoked, cured, and spiced fish and meat; and fields of nourishing barley, wheat, and rye. With evocative photos that transport you to the Irish countryside, Flavors of Ireland will awaken your senses to the grand places and glorious food of this warm and welcoming land.



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