



# One Man's Life-Changing Diagnosis: Navigating the Realities of Prostate Cancer

*Craig T. Pynn*

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# One Man's Life-Changing Diagnosis: Navigating the Realities of Prostate Cancer

Craig T. Pynn

**One Man's Life-Changing Diagnosis: Navigating the Realities of Prostate Cancer** Craig T. Pynn  
Awarded a 2012 American Journal of Nursing (AJN) Book of the Year Award in the Consumer Health Category

*One Man's Life-Changing Diagnosis* provides a comprehensive patient's eye view of the clinical, emotional, relational and spiritual experience of prostate cancer from the time of first symptoms to diagnosis to treatment and to living as survivor with an advanced cancer that can return at any time.

The book discusses everything that results from a diagnosis of prostate cancer, from relationships to sex to social networking to finding support groups. And it explores feelings - why some men feel free to talk openly while others remain silent and what that silence is about. It teaches strategies for coping with the often-inappropriate responses when the individual tells relatives, friends and acquaintances that he has prostate cancer.

*One Man's Life-Changing Diagnosis* shows:

- How to become an informed advocate for your own particular clinical situation by knowing where - and where not to seek information online
- How to make informed judgments about a treatments validity
- Why men with prostate cancer tend to deal with their illness quite differently than women who have breast cancer - and what that implies for a person's well-being

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