



Working Couples Caring for Children and Aging Parents: Effects on Work and Well-Being (Applied Psychology Series)

Margaret B. Neal, Leslie B. Hammer

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As the baby boomer generation approaches midlife, many dual-earner couples are struggling with issues of simultaneously caring for children while tending to aging parents. This timely book uncovers the circumstances faced by these workers, known as the “sandwiched generation”, and identifies what they need in order to fulfill their work and family responsibilities. Authors Margaret B. Neal and Leslie B. Hammer suggest the workplace as an arena for change, proposing that it adapt to the situations of today’s workers by providing flexibility and understanding the needs and priorities of families.

Based on a four-year national study funded by the Alfred P. Sloan Foundation, *Working Couples Caring for Children and Aging Parents* examines:

- employer and governmental initiatives affecting work and family life in the United States;
- supports provided to working caregivers in countries other than the United States;
- the effects of being “sandwiched” on work-family fit, well-being, and work; and
- changes in work and family roles and outcomes over time.

This book will interest a broad audience, including students, policymakers, family care practitioners, IO psychologists, work-life professionals, gerontologists, sociologists, human resource managers, and occupational health psychologists.

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From reader reviews:

Jennifer Bell:

Exactly why? Because this Working Couples Caring for Children and Aging Parents: Effects on Work and Well-Being (Applied Psychology Series) is an unordinary book that the inside of the guide waiting for you to snap this but latter it will zap you with the secret it inside. Reading this book alongside it was fantastic author who write the book in such incredible way makes the content inside of easier to understand, entertaining way but still convey the meaning completely. So , it is good for you for not hesitating having this any more or you going to regret it. This phenomenal book will give you a lot of gains than the other book possess such as help improving your skill and your critical thinking means. So , still want to hold up having that book? If I were being you I will go to the book store hurriedly.

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