



# Parenting ASD Teens: A Guide to Making it Up As You Go (20140421)

*Andrew Schlegelmilch*

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## **Parenting ASD Teens: A Guide to Making it Up As You Go (20140421) Andrew Schlegelmilch**

This straight-talking and accessible guide for parents of teenagers on the autism spectrum provides down-to-earth advice on coping with the more difficult issues that can arise at home and school during the adolescent years.

Andrew Schlegelmilch discusses common parenting challenges and offers advice drawn from his extensive experience working with teenagers with autism and their families as Head Psychologist at a college preparatory school. He offers parents professional guidance on what to do about falling grades, how to handle adolescent tantrums, how to talk about sex and sexuality with your child, how to help your child with peer relationships, how to keep your child safe online, and what to do if you suspect your child has mental health problems. Integral to the discussion is how to set realistic expectations and encourage independence in ways that work for both your child with autism and the rest of the family, as well as how to make the best use of the help professionals can offer.

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