



Breaking the Silence on Spiritual Abuse

Lisa Oakley, Kathryn Kinmond

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Spiritual abuse occurs when an individual, church or a belief system, whether well intentioned or not, dominates, manipulates or castigates individuals through fear tactics, mind control, or some other psychological or emotional abuse. *Breaking the Silence of Spiritual Abuse* provides the first sustained examination of spiritual abuse within the Christian faith, exploring the definitions and historical context of spiritual abuse while giving voice to survivors' stories of their personal experiences. Providing a balance of empirical research and practical concerns, this ground-breaking book outlines a process model for the different stages of spiritual abuse and includes strategies for therapists working with survivors of spiritual abuse.

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