



# **Radiant Health The Ancient Wisdom of the Chinese Tonic Herbs**

*Ron Teegarden*

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## **Radiant Health The Ancient Wisdom of the Chinese Tonic Herbs** Ron Teegarden

Physical health, this book explains, is irrelevant if it is accompanied by unhappiness and failure. Herbal expert Ron Teegarden explains how to apply natural Chinese herbal medicine in order to lead a full and energetic life.

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