



# Western Herbs in Chinese Medicine: Methodology and Materia Medica

*Thomas Avery Garran*

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# Western Herbs in Chinese Medicine: Methodology and Materia Medica

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A treatise on using plants from outside the standard Chinese materia medica within the Chinese medical paradigm. This book first discusses some historical information, then introduces a method to integrate new plants into Chinese medicine, and finishes with a materia medica covering some of the most common plants used in Western herbal medicine. This is a continuation of the author's first book, *Western Herbs According to Traditional Chinese Medicine*.

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