



# The Deva Handbook: How to Work with Nature's Subtle Energies

*Nathaniel Altman*

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# The Deva Handbook: How to Work with Nature's Subtle Energies

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## **The Deva Handbook: How to Work with Nature's Subtle Energies** Nathaniel Altman

When we experience the powerful force of a waterfall, the elusive beauty of a rainbow, or the stark strength of a craggy expanse of cliff many of us have perceived “something else” that goes beyond the five senses: feelings of peace, comfort, healing, and inspiration. Native traditions throughout the world have taught that these intuitive impressions are caused by the subtle forces of the living world. These forces are known by different names: angels, nature spirits, orishas, or by the Sanskrit term devas, meaning “the shining ones.” *The Deva Handbook* guides us back to these keepers of earth wisdom. The author draws on native traditions from around the world as well as modern teachings to explore the roles, characteristics, and significance of the devas. You can learn to communicate with the devas anywhere: in a backyard garden, or near a tree in a city park. This illustrated handbook offers practical tools--including visualizations, prayers, and offerings--that will help you to get in touch with the “power spots” of nature and receive their healing energy.

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