



Child and Adolescent Psychotherapy: Wounded Spirits and Healing Paths

David A Crenshaw

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This edited collection by David A. Crenshaw, with contributions from such notables as James Garbarino, Kenneth V. Hardy, and Andrew Fussner, addresses the multiple sources of wounding of children and teens in contemporary life. The book conveys a message of hope and optimism, even in work with children who might be viewed as "impossible cases," because the contributors share a passion for utilizing and building on the strengths of children and families. These authors go beyond treating psychiatric symptoms to address in a more comprehensive way the emotional suffering of youth.

The unifying treatment framework for the book is relational therapy. The emotional injuries of children do not develop in a vacuum, but rather in a relational context, and healing must also be embedded in an empathic relationship between the child and the family. Building, repairing, and restoring connections within the family and the larger community, as well as within the therapeutic relationship, opens the door to growth, healing, and meaningful belonging. The stories of triumph over adversity by the courageous children and families in this book will inspire those who daily strive to make a meaningful difference in the lives of hurting youth to renew their commitment to this worthy mission.

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