



Spirituality in Depth: Essays in Honor of Sister Irene Dugan, r.c.

Avis Clendenen

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Spirituality in Depth: Essays in Honor of Sister Irene Dugan, r.c. reflects the in-depth influence of a spiritual animator whose lifework was dedicated to exploring the provocative and mysterious journey of the magnitude of the inner world and its workings. To develop spirituality in depth in one's life is, as so aptly put by Jungian Murray Stein, to be attuned to the Divine in every act undertaken and every plan or thought entertained.

The ten essays in this book are written by an interesting array of individuals. Each influenced by Sister Irene Dugan during her fascinating 87 years of life. She spent 67 of those years as a member of the Roman Catholic religious congregation, the Religious of the Cenacle. In her lifework as a spiritual mentor and teacher, Sister Dugan blended the traditions of Christian spirituality with modern depth psychology and the arts. In her own way, she pioneered what we may call depth spirituality. The essays in this volume, inclusive of an essay in Sister Dugan's own words, provide the reader with a variety of perspectives on the artistry of depth spirituality and the call to greater spiritual consciousness, personal transformation, and social responsibility.

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Playing with family inside a park, coming to see the coastal world or hanging out with friends is thing that usually you have done when you have spare time, then why you don't try thing that really opposite from that. One particular activity that make you not experience tired but still relaxing, trilling like on roller coaster you already been ride on and with addition of knowledge. Even you love Spirituality in Depth: Essays in Honor of Sister Irene Dugan, r.c., you can enjoy both. It is excellent combination right, you still wish to miss it? What kind of hang type is it? Oh seriously its mind hangout guys. What? Still don't get it, oh come on its known as reading friends.

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