



Mama Needs a Do-Over: Simple Steps to Turning a Hard Day Around

Lisa Pennington

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Dirty dishes overflow the sink. Your two youngest kids just began their third round of hand-to-hand combat today. And now the washing machine won't start. Visions of putting a home-cooked meal in the oven while the family plays happily in the living room evaporate amid screaming, complaining, and slammed doors—and that's not even counting what the children are doing.

Lisa Pennington knows what those days are like. And she knows that even in the hard times you can find immense joy. In *Mama Needs a Do-Over*, Lisa offers hopeful, practical ideas for resetting your family's mood in the toughest moments. She also dives deep into your mother's heart to show you the power you have to turn those challenges into gifts. A little fun, a new perspective, and a go-to list for those do-over days, and you might just find joy in all those dirty dishes after all!

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